

Awaken to Joy!

Balanced Hedonism

An experiential workshop
developed & taught by Sandra Savine

Learn to:

- make courageous choices to be happy
- recognize & amplify positive thoughts & habits
- enhance your joyfulness
- attract even greater gifts into your life



Sandra Savine

Zero Balancing Practitioner & Teacher

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Saturday November 6 , 10 am to 5 pm

at Bridge Between the Worlds
in Keswick, VA

\$150, or \$125 if paid in full by 10/6

Contact Sandra to register.